

## **COST Action Proposal Open Digital Health**

Open Digital Health, see [www.opendigitalhealth.org](http://www.opendigitalhealth.org) is a not-for-profit initiative supported by the European Health Psychology Society (EHPS). We want to encourage health scientists, practitioners, and technology developers to share evidence-based digital health tools. Therefore, we aim to create a searchable database of descriptions of evidence-based tools, apps, websites, devices, to allow digital health to grow faster, be cheaper and more transparent across the countries. Sharing digital health tools will provide opportunities for faster breakthroughs in digital health field and will help connecting people who work on digital health. The Creators Team is led by Robbert Sanderman, Dominika Kwasnicka, Rik Crutzen, Gjalt-Jorn Peters and Gill ten Hoor.

Currently, we are working on a COST application to obtain research network funding from the EU. We are particularly looking for digital health researchers, practitioners, and technology developers who are interested in contributing to the initiative long-term (four-year period). During the meetings we would like to:

1. Establish an agenda for digital health research and practice;
2. Establish the guidelines for the systematic development of evidence-based tools that are guided by the principles of Open Science and Open Access;
3. Systematically review evidence-based digital health tools grouped by target population, health behaviour and health outcomes;
4. Guide the development of the searchable database of evidence-based digital health tools.

The overarching aim is to build an expert consortium to guide the development of open evidence-based digital health tools shared across the countries.

End of August we will circulate Technical Annex of the Action (that will form a basis of the MoU) to all confirmed Action participants. The submission deadline we are aiming for is 5th September.